

GRIEF-SHARING:

A supportive group,
when you have lost
someone dear.



Our Lady of Pompeii Campus-SMA OLP Ministry Center

129 Laverack Avenue
(Corner of Sheldon & Laverack)



Wednesday, OCTOBER 21, 2026
6:30 PM – 8:00 PM

Questions? SMA 716-683-6445 Sister Joyce King
sisterjoyce@stmarysonthehill.org

It's a place where you can be with people who understand the pain of your loss and how you feel. DVD Presentations are given by Grief Experts who will share their personal stories of loss, giving inspiring lessons on how to make **The Journey from Mourning to JOY!** Session Topics are listed on the back of this sheet. Counselors are present to lead discussion at each session.) **Register today!**

(DATES AND SCHEDULE ON OTHER SIDE.)

❄️ CLOSING info: CH 4 WIVB/WNLO & CH 7 WKBW ❄️

GRIEF-SHARING 1 REGISTRATION FORM & \$5.00 FEE by SEPTEMBER 14, 2026

if possible. Drop in Collection, OLP Drop Box, or Mail to:

Our Lady of Pompeii Campus, 129 Laverack Ave, Lancaster, NY 14086 (ATTN: SISTER JOYCE)

NAME _____ PARISH _____

ADDRESS _____ EMERGENCY CONTACT & # _____

_____ CONTACT'S NAME _____

PHONE _____ E-MAIL _____

Loss(es) - relationship(s) & name(s) _____

WHEN DID THE LOSS(ES) OCCUR? _____

ENCLOSED **Flat fee (\$5.00)** Cash _____ or Check # _____ **(Payable to St Mary's Parish)**

*I have ability to meet via Zoom if necessary. (Y/N) _____



6:30 PM GRIEF-SHARING 1 MEETING TOPICS AND DATES 2026-2027



Wed, October 21, 2026 - "Is This Normal?"

Wed, November 4, 2026 - "Your Grief Journey"

Wed, November 18, 2026 – "Surviving the Holidays"

Wed, December 2, 2026 – "Loneliness & Sadness"

Wed, December 16, 2026 – "Self-Care"

CHRISTMAS BREAK

Wed, January 6, 2027 – "Fearful & Overwhelmed"

Wed, January 20, 2027 – "Anger"

Wed, February 3, 2027 – "Regrets"

Wed, February 17, 2027 – "Grief and Your Household"

Wed, March 3, 2027 – "Grief and Your Friendships"

Wed, March 17, 2027 – "Questions for God"

Wed, March 31, 2027 – "Stuck in Grief"

Wed, April 14, 2027 – "Hope & Resilience"

Wed, April 28, 2027 – "What Do I Live for Now?"

SNOW DAY IF NEEDED (May 12, 2027)



REGISTER ON OTHER SIDE OF THIS SHEET

Hope to see you there!

Sister Joyce

sisterjoyce@stmarysonthehill.org